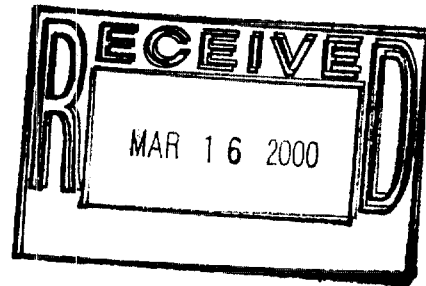


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March 8, 2000

Dr. Elizabeth Yetley
Director of the Office of Special Nutritionals
Division of Programs and Enforcement Policy
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street
HFS-455
Washington, D.C. 20204



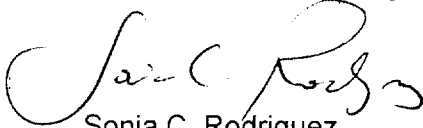
Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r)(6)(21 U.S.C. 343(r)(6) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement METABOLIC ENERGY AND DIET. METABOLIC ENERGY AND DIET was first marketed with these statements of nutritional support on Monday, February 21, 2000. The statements of nutritional support are as follows:

"Increases your body's metabolism to burn fat and reduces your appetite prior to meals"

Very truly yours,

MASON VITAMINS, INC.


Sonia C. Rodriguez
President

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